



WWWTREK

OUR PLANET... WE GUIDE IT, YOU TREK IT.

British Virgin Islands | Gear & Packing List

Less is more, especially when you are sailing! Space on a yacht is somewhat limited so packing light will make for a more comfortable trip. We created a suggested packing list for your trip. Please feel free to adjust it to suit your specific needs, keeping in mind to pack light!

Have Gear Questions? Please do not hesitate to contact our gear experts at 801.943.0264 if you have the equipment you are not sure fills our requirements or any other questions. We want to ensure everyone is prepared for a wide array of conditions, and a good experience on the mountain dictates having the right gear.

Packs & Bags



Duffel Bag

A regular rolling duffel bag with or without wheels. This duffel bag should be water-resistant or waterproof. It is easier to store collapsible luggage on the yacht compared to hard shell luggage.

Pro tip: If you use small bags to separate your clothing and other items, you will have a much easier time finding everything in your duffel and stay organized!



Day Pack

We recommend a small backpack or travel purse. You will carry day-use items such as a water bottle, camera, and any other preferred items while onshore.



Toiletry Bag

Please include soap, a toothbrush, toothpaste, hand sanitizer, and other personal toiletries you would like to have with you. This doesn't need to be anything fancy.

****Don't forget any personal medications you will need.*



Travel Locks

Used for securing luggage in transit and for your storage duffel bag. Make sure that you buy TSA-approved locks. Please store a spare key in a separate bag or pack.

Clothing & Layering

Clothing impacts not only your comfort but also your safety. Always be critical of the quality and fit of your clothing. Cotton clothing must be avoided as it dries very slowly and is a poor insulator when wet. Instead, choose wool or synthetic fabrics. The style of clothing worn in the British Virgin Islands should be casual and comfortable.

Shirts & Jackets



Base Layer T-Shirt

Two short-sleeved tech shirts that are good at wicking moisture. Synthetic or wool materials only; no cotton.



Tank Tops

Bring at least one long-sleeved tech shirt made of synthetic or wool material. A sun shirt works well, and a light color works even better.



Fleece Sweater

A warmer long-sleeved synthetic mid-layer with quick-drying capabilities. A grid fleece or hybrid works well because of its lightweight, breathability, and flexibility. No cotton.



Light Rain Jacket

A waterproof jacket for when the weather turns wet. This should be a lightweight coat with no insulation.



Long Sleeve Sun shirt

A thin fitted Sun shirt that is long-sleeve and made from a light material.

Pants & Shorts



Lightweight Linen Pants

One or two pairs of lightweight linen pants that are loose-fitting and comfortable. These should be breathable and able to quickly dry.



Shorts

One or Two Pairs of lightweight shorts.

Swimsuits

Pack Two to Three

Since a majority of the time is spent on the boat and in the water, you will want to have your **regular bathing suit** as well as **one to two** as a backup.

Headgear



Sunhat

Something to keep the sun out of your eyes and off your face. Your favorite personal hat is a great choice.



Sunglasses

Bring One to Two pairs. We prefer polarized sunglasses with UV protection. Sunglasses should be dark and protect your eyes well.

*** Bring straps for the sunglasses to prevent them from falling off into the water*

Footwear



Walking/Running Shoes

One pair of lighter shoes for casual wear and for days when we are walking ashore.



Boat Shoes

One pair of sturdy, slip-on boat shoes.



Flip Flops

One pair of sandals to give your feet cover while walking along the beaches. Slip-on style water shoes.

Personal Equipment



Water Bottle

Two wide-mouth water bottles with a minimum 1L capacity.

Medicine

- **Dramamine, Stugeron, or Bonine/Antivert:** Over-the-counter medicine for motion sickness.
- **Lip-screen:** Two sticks of lip balm with an SPF rating of 20 or higher
- **Sunscreen:** A few small tubes of sunscreen with an SPF rating of at least 45.
- **Personal Medications:** Don't forget to pack your personal medications!
- **OTC Medications:** We recommend bringing Pepto-Bismol, Imodium A-D, and Cough Drops.

Additional Items

- **Travel/Casual Clothes:** You will need street clothes for air travel and evenings
- **Camera:** Please make sure to bring your SD card, cords, and other accessories.
- **Additional Toiletry Items:** Hand wipes, washcloth, deodorant, etc.
- **Lightweight Entertainment:** Bring small personal entertainment options such as a paperback book, e-reader, playing cards, etc.

Recommended Apps



WhatsApp Messenger

[Android](#) | [iOS](#)



Google Photos Photo sharing

[Android](#) | [iOS](#)



World Clock

[Android](#) | [iOS](#)



GlobeConvert

[Android \(Alt\)](#) | [iOS](#)



Skyview

[Android](#) | [iOS](#)



Weather Underground

[Android](#) | [iOS](#)



Wind Guru

[Android](#) | [iOS](#)